

Supporting Students with Autism

Many students with Autism may have many questions and concerns around the Covid-19 pandemic. Below are some online websites, resources and apps to help parents and teachers to support these students. Many have been developed specifically in response to Covid-19 while others may be useful for study at home as well as for self-regulation and wellbeing.

ASIAM Webinar – Covid-19 and Change

Michael Ryan (Counsellor and Psychotherapist) and Dr Alison Doyle (Educational Psychologist) provide advice to the autism community on coping with social distancing and isolation measures during COVID-19.



<https://www.youtube.com/watch?v=fsEAVPkAfg>

Middletown Centre for Autism Resources:

Middletown Centre for Autism has information and links in relation to emotional wellbeing in a number of areas including anxiety, mental health and depression.



<http://teenage-resource.middletownautism.com/teenage-issues-and-strategies/emotional-wellbeing/>

<http://best-practice.middletownautism.com/links-and-resources/videos/>

Middletown Centre for Autism: Setting Up a Structured Environment

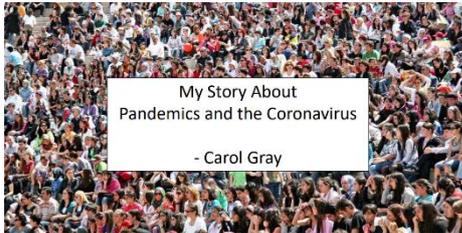
Information on the TEACCH Autism Programme including the principles of using structured, visual teaching approaches. There are also links to examples.



<http://best-practice.middletownautism.com/approaches-of-intervention/the-teacch-autism-programme/>

Social Story

A Carol Gray Social story explaining the coronavirus with clear visuals and details about what a virus is, handwashing and what is happening in the world.



<https://carolgraysocialstories.com/wp-content/uploads/2020/03/Pandemics-and-the-Coronavirus.pdf>

The UNC Frank Porter Graham Child Development Institute Autism Team has created a comprehensive PDF documents with lots of information and printable resources including for structures and routines, schedules and task analysis.



<https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf#page30>

Peter Vermeulen – 20 Tips for students with Autism during the Corona Virus

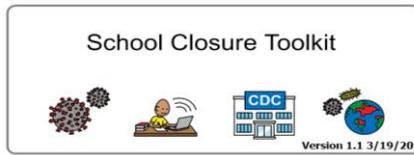
Dr Peter Vermeulen is an autism consultant, lecturer and trainer at Autisme Centraal in Belgium. Here he shares some tips to get through these difficult times if you have autism or if you are a parent of a child on the spectrum.



<https://petervermeulenblog.wordpress.com/2020/03/16/autism-and-the-corona-virus-20-tips/>

School Closure Resources for Children with Autism

A PDF document with information and resources for setting up a structured environment. It contains lots of printable resources such as token boards, visuals for schedules and 'To-Do' list.



https://qrcgcustomers.s3-eu-west-1.amazonaws.com/account4876975/6552095_2.pdf?0.11589340381807767

Khan Academy is a non-profit organisation that provides free educational resources and daily live streams for students, parents and teachers.



<https://khanacademy.zendesk.com/hc/en-us/articles/360040167432-How-can-Khan-Academy-be-used-for-remote-learning-during-school-closures->

Post-Primary Resources for Gifted Students

GiftedKids.ie is a website dedicated to gathering and sharing resources for exceptionally able students. They have a section for gifted teen where they share many resources suitable for post-primary age students.



Creative Links:

<http://www.giftedkids.ie/teencreative.html>

Online Resources for Gifted Teens:

<http://www.giftedkids.ie/teenresources.html>

Books for Gifted Teens:

<http://www.giftedkids.ie/teensbooks.html>

Resources for Teachers to use with Gifted Teens:

<http://www.giftedkids.ie/teachersresources.html>

GeoGebra Maths Academy

This is a free online math tool for study in areas such as graphing, geometry, 3D and many others.

GeoGebra

<https://www.geogebra.org/>

Social Thinking Online Social Skills Resources

Online training video courses explore all aspects of developing social competencies including self-regulation, executive functioning and social problem-solving abilities.

The screenshot shows the 'Social Thinking' website with a navigation menu including 'Methodology', 'Products', 'eLearning', 'Conferences', 'Articles', 'Services', and 'Evidence'. The 'eLearning' section is highlighted, and the 'Online Training' sub-section is active. Below the navigation, there is a heading 'Explore all aspects of developing social competencies' and a paragraph of text describing the online training video courses. To the right of the text is a graphic of a brain with various icons representing social skills and learning.

<https://www.socialthinking.com/elearning>

Videos and Worksheets for Social Skills

Everyday speech is a curriculum designed to teach social skills to children through videos, games and activities. Users can share material with parents free of charge until July 1st 2020

The screenshot shows the 'Everyday Speech' website. At the top, there are navigation links for 'Our Curriculum', 'Our Company', and 'Pricing & Sign Up', along with a 'START YOUR FREE TRIAL' button. A red banner at the top reads 'Supporting educators through COVID-19' and 'Share materials with parents for free, discounts available throughout the shutdown.' Below the banner, the main headline reads 'The only curriculum you'll ever need to teach social-emotional skills.' The background image shows a teacher and a student looking at a tablet.

www.everydayspeech.com

Self-Regulation Resources

Lives in the Balance aims to provide accessible resources and programmes to caregivers of children with behaviours of concern. They provide podcasts and a listening library with lots of information and support in relation to behaviour.

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Lives in the Balance
 FOSTERING COLLABORATION • TRANSFORMING LIVES • INSPIRING CHANGE

Podcasts & Listening Library

Lives in the Balance sponsors a monthly web-based podcast for parents, **Parenting Your Challenging Child**. *Parenting Your Challenging Child* airs live at 11 am ET on the first **Tuesday** of every month, except during the summer. For more information about this podcast, click [here](#). To ask questions or make comments during the live podcast, just call (347)994-2981 while the program is on the air. Here's the most recent segment:

Surviving School Vacations (March 3, 2020)

You'll find hundreds of our previous podcasts -- call 45-minutes each -- in our vast **Listening Libraries**, including our program for educators (which is no longer active but has a massive listening library):

Parenting Your Challenging Child
Helping Behaviorally Challenging Students

<https://www.livesinthebalance.org/radio-programs>

The Zones of Regulation is a concept to foster self-regulation and emotional control. Their website is now offering resources and ideas to support distance learning during Covid-19.



<http://www.zonesofregulation.com/index.html>

The Incredible 5-Point Scale shares downloadable and example scales to help teach social and emotional concepts to individuals on the autism spectrum.

| | |
|---|--------------------------|
| 5 | I AM GOING TO EXPLODE!!! |
| 4 | I AM GETTING ANGRY |
| 3 | I AM A LITTLE NERVOUS |
| 2 | FEELING OK |
| 1 | CALM AND RELAXED |

<https://www.5pointscale.com/scales.html>

Rewordify.com is online software to help simplify English text by pasting a selection into space provided and generating an alternative, simpler version. It can help comprehension and build vocabulary

R **Rewordify.com**
 understand what you read

a new way to learn words
 faster

<https://rewordify.com/>

Mental Health and Wellbeing Resources

CORC (Child Outcomes Research Consortium) aim to bring together the people who provide mental health support, the people who use it, and the people who research it. This page provides some useful resources and supports for students.



<https://www.corc.uk.net/for-young-people/>